



# DOON INTERNATIONAL SCHOOL

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## **SPORTS ACTIVITIES AND ACHIEVEMENTS IN SPORTS**

Doon International School, Amritsar, is the only school in the city which enables the students to grab the opportunity to learn horse riding. The school lays great emphasis on other sports like basketball lawn-tennis, table tennis, football, basketball, badminton, roller skating, golf, table soccer, taekwondo, shooting, air hockey, handball kick boxing, and games like cricket are of paramount importance at DIS for the wellness of children, in addition to helping them in developing many life skills. School's collaboration with Mahendra Singh Dhoni Cricket Academy and National Basketball Association (NBA) are such examples that are regarded as the launch-pad for students' career in such fields.

Our well maintained play fields and world class infrastructure has no parallel. Through this training ground we are able to achieve innumerable medals and laurels.

What would be more challenging for the other educational institutions in the town than to learn that it is in the first year only that the school witnessed a number of achievements in various sports tournaments. We have made our students great sportsmen and they have achieved victory in the Inter-school, Zonal, and State Sports Competitions. Our students have proved themselves the epitome of the good sportsmanship and are setting a paradigm of progress as a team. We take great pride to share that our students: Gurmanpreet Singh, Dhruvpreet Singh, Preetinder Singh and Gursajan Singh bagged Silver Medal in District Roller Hockey Championship UNDER-12 category and brought laurels to school.

Our other gems from UNDER-12 category: Gursajan Singh and Gurmanpreet Singh got selected for Punjab State Roller Hockey Championship held in Patiala. Keeping the winners spirit ahead, our 3<sup>rd</sup> Grader, Rachit Sharma stood victorious, and bagged the coveted gold medal in Primary School games at District level and further made it to State level and won Bronze. Not only this, a girl student Manroop Kaur of ours from grade VII, breaking the cultural taboo that girls cannot play male sports, won Silver in Dragon-Boat National Championship held in Sultanpur Lodhi.

The sports committee of the school also organized various in-house sports competitions like, Inter-house Roller Skating Tournament, Table Tennis Tournament and Inter-House Football tournament which would further help our children to outshine and to groom themselves to become the future leaders. This committee majorly aims to take care the physical health of the students. We ensure that a child is able to focus on his sport at least thrice a week.