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## **CO-SCHOLASTIC AND EXTRA CURRICULAR ACTIVITIES**

Doon International School is amongst the best schools in Amritsar that believes in the ideology of Harmony as an essence of nature, which emanates life and energy making love visible. Our goal is to make leaner efficient both at the personal and social level, creating extraordinary students. Apart from just learning from books, we also encourage students to actively participate in other scholastic activities.

The school has a committee which ensures that a child is developing all skills. Some of the Co- Scholastic Areas which are included in the school syllabus by the committee are as follows:

- **Thinking Skills-** under this activity, there are various task which include self-awareness, problem solving, decision making, critical and creative thinking.
- **Social Skills-** This skills includes Interpersonal relationship, effective communication and empathy.
- **Emotional Skills** Under the emotional skills, the area covers managing emotions as well as dealing with stress.
- **Work Education** Our School's work education mostly covers computer operation and maintenance.
- **Visual and Performing Arts-** Music (Vocal, Instrumental), Dance, Drama, Drawing, Painting, Craft, Sculpture, Puppetry, Folk Art forms etc.
- Attitude and Values- Students are taught the importance of good values and attitude towards teachers, School-mates, School Programs and Environmental, and Value systems.

The committee has introduced several extra curricular activities in the academic session 2019-20. All students from Grades 3-9 have time set aside in the Timetable to pursue an activity of their choice. In addition to music (vocal and instrumental), dance, art and craft and cookery, a host of new activities have been introduced like Mime and Theatre, Quizzing, Pottery and Photography. We aim that learning is fun and follow it through our heart and soul.